

WEDNESDAY

3

April

Mortal Man's Journey Toward the Light

1:00 pm | Temple Emanuel
51 Grape Street, Denver



Dr. David Shepard will share poems from *Mortal Man's Journey Toward the Light*, which he wrote while practicing psychiatry in Colorado state prisons. His work encompasses poems of introspection and looking out at the world, a duality that reflects the viewpoints of the prisoners he treated as much as his own reality. Dr. Shepard's poems span many styles and themes while exploring life, aging and death. *In partnership with Temple Emanuel.*
RSVP: Gabriel, 720.382.7842, GSanders@KavodSeniorLife.org or KavodSeniorLife.org/signup

WEDNESDAY

10

April

Impossible Images- Art of the Holocaust

2:00 pm | Hebrew Educational Alliance
3600 S. Ivanhoe Street, Denver



The passage of time and the aging survivor population has made it increasingly important to give expression to the testimony, experience, memory and meaning of the Holocaust. There has been a large number of artists who have struggled to find an artistic language to create images that are often considered "unimaginable." Simon Zalkind will lead a discussion and critique a selection of "Holocaust art".
In partnership with Hebrew Educational Alliance.
RSVP: Naomi, 720.390.4433, nkirshner@HEAdenver.org

THURSDAY

4

April

Pass Over Procrastination and Be Present

1:00 pm | Rodef Shalom
450 S. Kearney Street, Denver



Spring is a time for renewal and fresh starts, letting go of that which no longer serves or benefits us. The theme of Passover and its rituals will help us become more aware of what we want or need to clear and clean out—not just tidy up but move on from.

Join Dr. David Sanders, Director of Kabbalah Experience, for a presentation and discussion about procrastination and the present moment. *In partnership with Rodef Shalom.*

RSVP: Terri, 303.399.0035,
Terri.Richardson@Rodef-Shalom.org

THURSDAY

11

April

Freedom from Financial Worry-Taking Care of Tomorrow

1:00 pm | BMH-BJ, 560 S. Monaco
Parkway, Denver



Teri Crocker, a care navigator, and Mike Homier, an elder attorney, share their expertise to help reduce your financial worry. Learn techniques to safeguard your assets so that you can focus on other important areas of your life, knowing you have a plan to handle your financial situation. *In partnership with BMH-BJ.*

RSVP: Rebecca, 720.382.7848, RGershten@KavodSeniorLife.org or KavodSeniorLife.org/signup

FRIDAY

5

April

First Friday Singles Lunch Bunch: South Garden Restaurant

12:30 pm | 8000 E. Quincy Avenue
Denver (Goldsmith Shopping Center)



This Denver staple is known for its modern interpretations of classic Mandarin, Sichuan and Cantonese dishes and an emphasis on high-quality, fresh ingredients. Join us for lunch in a serene environment. Preview the menu at southgardendenver.com.

RSVP: Cynthia, 303.506.8632, landstitches@comcast.net

MONDAY

22

April

The Breakfast Club

10:00 am | New York Deli News
7105 E. Hampden Avenue, Denver



Start your week with interesting conversation and a good breakfast! There is always a fun and friendly mix of people. If you haven't joined us in a while, or if this is your first time, you are always welcome! Dietary options available—review the menu at nydelinews.com.

RSVP: Rebecca 720.382.7848, RGershten@KavodSeniorLife.org or KavodSeniorLife.org/signup

WEDNESDAY

24
April

The Passion of Joan of Arc

1:30 pm | Chez Artiste, 2800 S. Colorado Boulevard, Denver



Photo Courtesy of Janus Films

Carl Theodor Dreyer's silent masterpiece, *The Passion of Joan of Arc* (1928), tells the story of the doomed but ultimately canonized 15th-century teenage warrior. On trial for claiming she'd spoken to God, Jeanne d'Arc's (Renee Falconetti) punishment earns her perpetual martyrdom. **Cost: \$8.** In partnership with

Temple Sinai, Denver Hadassah and L.E.A. Hadassah.

RSVP by 4/23 for tickets (if you'd like transportation from the JCC Denver please mention it with your RSVP: Gabriel, 720.382.7842, GSanders@KavodSeniorLife.org or KavodSeniorLife.org/signup

TUESDAY

30
April

An Acupuncturist's Approach to Aging

10:15 am | the JCC Denver/JCC Boardroom, 350 S. Dahlia Street, Denver



Acupuncturist and Chinese herbalist, Zack Gutman, will share beneficial ways to improve quality of life through acupuncture, Chinese energetic stretches (*Qi Gong*) and herbal medicine. He will answer your questions about these alternative approaches. In partnership with JFS@JCC.

RSVP: Suzi, 303.316.6358, smalman@jccdenver.org



22 South Adams Street
Denver, CO 80209



Gabriel Sanders
Community Outreach Coordinator
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Kavod Senior Life's 6th Annual

L'CHAIM2LIFE

Conference

DATE: SUNDAY, JUNE 23

TIME: 9:30 AM TO 3:30 PM

TEMPLE EMANUEL | 51 GRAPE STREET | DENVER

FREE CONFERENCE

focused on positive aging with complimentary breakfast & lunch, resource & exhibitor fair, three sessions of breakout workshops, keynote plenary and social hour

Information: KavodSeniorLife.org/LCHAIM2LIFE

Co-presented by:
Temple Emanuel, Jewish Family Service of Colorado, JEWISHcolorado and The JCC Denver

Kavod on the Road is the outreach division of:



In partnership with these community organizations:



Visit us online at KavodSeniorLife.org



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