




Kavod Assisted Living at Cherry Creek

Activity Calendar — JUNE 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9:00 am Shabbat Services-SH 10:30 Jewish Beliefs Series Talk (as part of end of services)
2 2:00 NEW Sunday Dance Club -HWC/PP 6:00 Bible Discussion Group-3rd Floor Lobby-South Building	3 9:30 Tai Chi-HWC/Pikes Peak 10:00 Good Morning Kavod-ME 12:30 Coloring with Grace—GR 1:00 Jackpot Bingo-HWC/PP 5:00 AL Happenings-GR 6:00 TedTalks-SHC	4 9:30 Gentle Yoga with Heather-HWC/PP 10:30 The Bible God's Word-SHC 12:15-AL Food Committee-GR 12:15 NEW DAY Opening Minds through Art-HWC/Mt. Evans 12:30 Legacy Blood Pressure Clinic-Bridge 1:30 NEW TIME Mindfulness Training with Rabbi Steve-SH 2:00 Wii Bowling Leagues-HWC/Pikes Peak 6:00 Resident Birthday Party "Drinks, Desserts & Dancing"-HWC/Deck 6:30 Cousins Coloring-SHC	5 9:00 FREE Wellness Clinic-HWC 9:30 NEW Balance Mountain-HWC/ME 10:30 Chair Yoga-HWC/Mt. Evans 12:30 NEW DATE AND TIME Chicken Soup for the Soul -GR 12:30 English Help with Marita-HWC/BS 1:00 Blood Pressure Clinic-HWC/Aspen Room 5:30 Painting & Wine with Polly-GR 6:30 Pet Club Meeting-HWC/Pikes Peak	6 9:30 Gentle Yoga-HWC/Pikes Peak 10:00 The Soul of Aging—SHC 10:30 Fitness Fun—HWC /Pikes Peak 11:00 Coloring for Fun & Stress Relief with Melanie-HWC/Mt. Evans 12:15 NEW TIME Music & Memory-HWC/ME 6:30 Lamont Symphony & Choirs-trip	7 9:30 Strength & Balance—HWC /PP 10:30 Legacy's MOVE & GROOVE Class—HWC /Pikes Peak 12:15 Emma's Emigos-GR 12:30 Sing along with Tory-GR 2:00 Wii Bowling-HWC/Pikes Peak 2:00 Residents Free Food Store-5th Fl, East 4:30 Kiddush—GR 6:30 Special Shabbat services with Steve -SH	8 9:00 am Shabbat Services-SH 10:30 Jewish Beliefs Series Talk (as part of end of services)
9 9:00 Shavuot Services –SH 10:00 Non-Denominational Christian Service-HWC/PP <div style="text-align: center;">  <p>Shavuot שבועות SHAVUOT</p> </div> 6:00 Bible Discussion Group-3rd Floor Lobby-South Building	10 9:00 Shavuot Services –SH Office Closed Until 1 pm for Shavuot 1:00 High Rollers Bingo & Cheesecake-HWC/PP 2:30 Bookmobile-street West Building 6:00 REHEARSAL Kavod's Got Talent-DR	11 9:30 Gentle Yoga with Heather-HWC/PP 10:30 The Bible God's Word-SHC 12:15 NEW DAY Opening Minds through Art-HWC/Mt. Evans 12:30 Legacy Blood Pressure Clinic-Bridge 1:30 NEW TIME Mindfulness Training with Rabbi Steve-SH 2:00 Wii Bowling Leagues-HWC/Pikes Peak 6:30 Cousins Coloring-SHC	12 9:30 NEW Balance Mountain-HWC/Pikes Peak 10:30 Chair Yoga-HWC/Pikes Peak 12:30 NEW DATE AND TIME Chicken Soup for the Soul -GR 12:30 English Help with Marita-HWC/Blue Spruce 1:00 Blood Pressure Clinic-HWC/Aspen Rm 1:00 AL Trader Joes-trip	13 9:00 VNA Foot Clinic-HWC/Aspen 9:30 Gentle Yoga-HWC/PP 10:00 Mobile Post Office-street W. Bldg 10:30 Fitness Fun—HWC /Pikes Peak 12:30 Challah Baking-HWC/ME 12:15 NEW TIME Music & Memory-HWC/ME 2:00 Wii Bowling-GR 5:30 Polynesian Nights Happy Hour—DR	14 11:30 Garden Club Meeting -Shul 12:15 Sing along with Tory-GR 1:00 Drama in Progress Readers Theatre: A Mad Breakfast - HWC/Pikes Peak 1:00 Active Minds-SHC 2:00 Residents Free Food Store-5th Floor, East 3:30 A Taste of Shabbat-SHC	15 9:00 am Shabbat Services-SH 10:30 Jewish Beliefs Series Talk (as part of end of services)
16 10:00 Non-Denominational Christian Service-HWC/Pikes Peak 12:15 Father's Day Music-GR 6:00 Bible Discussion Group-3rd Floor Lobby-South Building Happy Father's Day!	17 9:30 Tai Chi-HWC/Pikes Peak 10:00 Good Morning Kavod-ME 12:30 Jackpot Bingo-HWC/Pikes Peak 12:30 Coloring with Grace—GR 1:00 Low Vision Workshop-SHC 2:30 Zumba-HWC/Pikes Peak 6:00 REHEARSAL Kavod's Got Talent-DR	18 9:30 Gentle Yoga with Heather-HWC/PP 10:30 The Bible God's Word-SHC 12:15 NEW DAY Opening Minds through Art-HWC/Mt. Evans 12:30 Legacy Blood Pressure Clinic-Bridge 1:30 NEW TIME Mindfulness Training with Rabbi Steve-SH 2:00 Wii Bowling Leagues-HWC/Pikes Peak 5:15 Don Garcia Music Hour-GR 6:00 Kavod's Got Talent-DR 6:30 Cousins Coloring-SHC	19 8:45 Grand Lake & Pontoon Ride-trip 9:30 NEW Balance Mountain-HWC/Pikes Peak 10:30 Chair Yoga-HWC/Pikes Peak 12:15 Jazz Trio-GR 12:30 English Help with Marita-HWC/BS 1:00 Balloon Volleyball with Legacy-HWC/Pikes Peak 1:00 Blood Pressure Clinic-HWC/	20 9:30 Gentle Yoga with Heather-HWC/Pikes Peak 10:00 The Soul of Aging—SHC 10:30 Fitness Fun—HWC /Pikes Peak 11:00 Hot Topix-SHC 12:15 NEW TIME Music & Memory-HWC/ME 2:00 Wii Bowling-HWC/Pikes Peak 5:30 Russian Nights—DR 6:00 Movie Night with Susan-GR	21 9:30 Strength & Balance—HWC/PP 10:30 Legacy's MOVE & GROOVE Class—HWC /Pikes Peak 11:30 Senior Games Celebration with Smoothies and Music-HWC/PP 12:15 Emma's Emigos-GR 1:00 Drama in Progress Readers Theatre-HWC/Pikes Peak 2:00 Residents Free Food Store-5th Floor, East 4:30 Kiddush—GR 6:30 Special Shabbat services with	22 9:00 am Shabbat Services-SH 10:30 Jewish Beliefs Series Talk (as part of end of services)
23 10:00 Non-Denominational Christian Service-HWC/PP 3:00 NEW Community Fun & Games-GR 6:00 Bible Discussion Group-3rd Floor Lobby-South Building	24 9:30 Tai Chi-HWC/Pikes Peak 10:00 Good Morning Kavod-ME 11:00 Rabbi Friedman "Positive Aging" – SHC 11:30 Bingo-HWC/Pikes Peak 2:30 Bookmobile-street West Building 6:00 NEW TIME/LOCATION Cover to Cover Book Club-HWC/Pikes Peak	25 9:30 Gentle Yoga with Heather-HWC/PP 10:30 The Bible God's Word-SHC 11:00 Food Bank Distribution-5th Floor East 12:15 NEW DAY Opening Minds through Art-HWC/Mt. Evans 12:30 Legacy Blood Pressure Clinic-Bridge 1:30 NEW TIME Mindfulness Training with Rabbi Steve-SH 2:00 Wii Bowling Leagues-HWC/Pikes Peak 6:30 Cousins Coloring-*HWC/ME	26 9:30 NEW Balance Mountain-HWC/PP 10:00 Leonardo da Vinci at Denver Museum-trip 10:30 Chair Yoga-HWC/Pikes Peak 12:30 English Help with Marita-HWC/BS 1:00 Blood Pressure Clinic-HWC/Aspen Rm	27 9:30 Gentle Yoga with Heather-HWC/Pikes Peak 10:30 Fitness Fun –HWC/Pikes Peak 12:30 Challah Baking-HWC/ME 12:15 NEW TIME NEW Music & Memory-HWC/ME 2:00 Wii Bowling-HWC/Pikes Peak 5:15 Arvada Center Music Program-"Calvin's Music Hour"—GR	28 1:00 Drama in Progress Readers Theatre-HWC/Pikes Peak 2:00 Residents Free Food Store-5th Floor, East 3:30 A Taste of Shabbat-SHC 4:30 Kiddush—GR	29 9:00 am Shabbat Services-SH 10:30 Jewish Beliefs Series Talk (as part of end of services)
30 10:00 Non-Denominational Christian Service-HWC/PP 10:30 Lazy B Chuckwagon-trip 6:00 Bible Discussion Group-3rd Floor Lobby-South Building						GR—Gathering Rm SH—Shul SHC-Shul Classroom HWC-Health Wellness Ctr (former Penthouse) Pikes Peak- PP Mt. Evans-ME