


**Name:**
**Apartment:**
**Circle One SL or Kosher**
**Codes V=Vegan Veg=Vegetarian □=Gluten Restricted ♥=Heart Healthy ◆=Diabetic**

- Bread Options: White, Wheat , Rye On Friday Challah
- **For Delivery Call 720.382.7832**
- **Cost \$1.00 due at Delivery Call before 1:30 pm Sunday - Friday**
- **DAIRY AND MEAT DAY ALTERNATES AVAILABLE FOR PICK UP AND DELIVERY**

<b>Dairy</b>  <b>5/13</b> <b>Monday</b>	<b>Starters:</b> Cream of Mushroom Soup (200) Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> ♥♦ Trout Almandine (468) ) <input type="checkbox"/> Vegan Asian Noodle Bowl <input type="checkbox"/> Pierogies (288)w/Sour Cream(100)(Veg) <b>Starches:</b> <input type="checkbox"/> Steamed Yukon Gold Potato(190) <input type="checkbox"/> Steamed Rice (140) <b>Vegetable:</b> <input type="checkbox"/> Broccoli (40) <input type="checkbox"/> Harvard Beets (60) <b>Dessert:</b> Chocolate Cake(320) Fresh Fruit (80-125) ◆Cookies (130)
<b>Meat</b>  <b>5/14</b> <b>Tuesday</b>	<b>Starters:</b> Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> Liver and Onions(216) <input type="checkbox"/> Baked Fish (120) <input type="checkbox"/> Quinoa Stuffed Bell Peppers (270) <input type="checkbox"/> Chicken Wings (400) <b>Starches:</b> <input type="checkbox"/> Potato Obrien(120) <input type="checkbox"/> Dinner Rolls (80) <b>Vegetable:</b> <input type="checkbox"/> Braised Red Cabbage(34) <input type="checkbox"/> Corn(100) <b>Dessert:</b> Sugar Cookies(100) Fresh Fruit (80-125) ◆Cookies (130)
<b>Meat</b>  <b>5/15</b> <b>Wednesday</b>	<b>Starters:</b> Vegetable Noodle Soup(272) Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> Fried Chicken(436) <input type="checkbox"/> ♥♦ Sole Piccata (140) <input type="checkbox"/> Spring Rolls(150) w/ Tofu & Peanut Sauce(35)(V & Veg) <input type="checkbox"/> Spaghetti and Meat Balls <b>Starches:</b> <input type="checkbox"/> Mashed Potato(303) <input type="checkbox"/> Wild Rice <b>Vegetable:</b> <input type="checkbox"/> Green Beans (20) <input type="checkbox"/> Lima Beans(110) <b>Dessert:</b> Cherry Bars (130) Fresh Fruit (80-125) ◆Cookies (130)
<b>Dairy</b>  <b>5/16</b> <b>Thursday</b>	<b>Starters:</b> Tossed Salad w/ Dressing (0 -130) <b>Entrees:</b> <input type="checkbox"/> ♥♦Baked Salmon(291) <input type="checkbox"/> ♥♦Albacore Tuna Stuffed Tomato (475) <input type="checkbox"/> Stuffed Baked Potato w/ Broccoli, Mushroom and Cheese Sauce (366) <b>Starches:</b> <input type="checkbox"/> Orzo <input type="checkbox"/> Deep Fried Mushrooms(220) <b>Vegetable:</b> <input type="checkbox"/> Baby Bok Choy w/ Water Chestnuts and Bamboo Sprouts(65) <input type="checkbox"/> Carrots(35) <b>Dessert:</b> Assorted Desserts (140- 400) Fresh Fruit (80-125) ◆Cookies (130)
<b>Meat</b>  <b>5/17</b> <b>Friday</b>	<b>Starters:</b> Kerplach Soup (160) Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> Tuscan Chicken(480) <input type="checkbox"/> Baked Fish <input type="checkbox"/> Curried Potato Peas and Cauliflower w/ Tofu(284) (V & Veg) Gefilte Fish (128) <input type="checkbox"/> COLD or <input type="checkbox"/> HOT <b>Starches:</b> <input type="checkbox"/> Risotto(174) <input type="checkbox"/> Baked Sweet Potatoes(115) <b>Vegetable:</b> <input type="checkbox"/> Bermuda Mix(40) <input type="checkbox"/> Cauliflower(18) <b>Dessert:</b> Blueberry Turnover(280) Fresh Fruit (80-125) ◆Cookies (130)
<b>Meat</b>  <b>5/19</b> <b>Sunday</b> <b>Meal</b>	Blueberry Muffin (210) Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> Corned Beef Hash(490) <input type="checkbox"/> Stuffed Chicken w/ Apple / Cranberry Stuffing(380) Meat Day Alternates available <b>Starches:</b> <input type="checkbox"/> American Fries (140) <b>Vegetable:</b> Steamed Mixed Vegetables(65) Beets(40) <b>Dessert:</b> Fresh Fruit (80-125)