



Name:

 Circle One **SL or Kosher**
Codes V=Vegan Veg=Vegetarian ☐=Gluten Restricted ♥=Heart Healthy ♦=Diabetic

- Bread Options: White, Wheat , Rye On Friday Challah
- **For Delivery Call 720.382.7832**
- **Cost \$1.00 due at Delivery Call before 1:30 pm Sunday - Friday**
- **DAIRY AND MEAT DAY ALTERNATES AVAILABLE FOR PICK UP AND DELIVERY**

Dairy 5/20 Monday	Starters: Bean Soup (225) Tossed Salad w/ Dressing (0 -130) Proteins: ☐ ♦♥ Cheese Lasagna (Veg)(315) ☐ Salmon Patty(281) w/ Roasted Red Pepper Aioli (100) Starches: ☐ Jamaican Jerked Rice(143) ☐ Red Beans (300) Vegetable: ☐ Spinach (70) ☐ Cauliflower(18) Dessert: Boston Cream Pie (312) Fresh Fruit (80-125) ♦Cookies (130)
Meat 5/21 Tuesday	Starters: Beef Chili (286) Tossed Salad w/ Dressing (0 -130) Entrees: ☐ Chicken Fajitas (119) Tortilla(100) ☐ Baked Pollack(120) ☐ Tempeh and Vegetable Fajitas(414) (V & Veg) Starches: ☐ Mexican Roasted Potatoes w/ Cilantro(228) ☐ Spanish Rice (215) Vegetable: ☐ Green Beans(20) ☐ Carrots(35) Dessert: Peanut Butter Cookies (125) Fresh Fruit (80-125) ♦Cookies (130)
Meat 5/22 Wednesday	Starters: Tossed Salad w/ Dressing (0 -130) Entrees: ☐ Beef (Pot Roast 360) with Gravy(100) ☐ Baked White Fish(120) ☐ ♦♥ Grilled Portabella Mushroom Sandwich(380) (V & Veg) ☐ Chicken Noodle and Vegetable Casserole (381) Starches ☐ Mashed Potato (330) ☐ Risotto (300) Vegetable: ☐ Swiss Chard (7) ☐ Corn (100) Dessert: Fruited Gelatin Parfaits (335) Fresh Fruit (80-125) ♦Cookies (130)
Dairy 5/23 Thursday	Starters: Tossed Salad w/ Dressing (0 -130) Entrees: ☐ Baked Trout (200) ☐ Cheese Ravioli (225) with White Sauce (125) Starches: ☐ Garlic Bread(160) ☐ Baked Beans(180) (V & Veg) Vegetable: ☐ Zucchini and Yellow Squash(36) ☐ Lima Beans(110) Dessert: Assorted Desserts (200- 540) Fresh Fruit (80-125) ♦Cookies (130)
Meat 5/24 Friday	Starters: Chicken Noodle Soup(160) Tossed Salad w/ Dressing (0 -130) Entrees: ☐ Baked Chicken White(366) ☐ Breaded White Fish(218) ☐ ♦♥ Grilled Vegetable Sandwich(560) (V & Veg) ☐ Baked Chicken Dark(215) Deli Corn Beef (60)Pastrami(80) Bread(160) Starches: ☐ Sweet Potato(100) ☐ Wild Rice Pilaf (166) Vegetable: ☐ Peas & Carrots(90) ☐ Beet(40) Dessert: Strawberries and Angel Cake(125) Fresh Fruit (80-125) ♦Cookies (130)
Dairy 5/26 Sunday Meal 12 to 1:30pm	Croissant(210) Tossed Salad w/ Dressing (0 -130) Proteins: ☐ Fish and Chips (540) ☐ Green Chili Chilaquiles w/ Eggs(246) Dairy Day Alternates available Starches: ☐ Refried Beans (118) Vegetable: ☐ Green Beans(20) ☐ Beets(40) Dessert: Fresh Fruit (80-125)