



-Name:

 Apartment: Circle One **SL or Kosher**
Codes V=Vegan □=Gluten Restricted ♥=Heart Healthy ◆=Diabetic

- Bread Options: White, Wheat, Rye On Friday Challah (##) = Calories per Serving
- **For Delivery Call 720.382.7832**
- **Cost \$1.00 due at Delivery Call before 1:30 pm Sunday - Friday**
- **DAIRY AND MEAT DAY ALTERNATES AVAILABLE FOR PICK UP AND DELIVERY**

Dairy Shavuot 6/10 Monday	Starters: Vegetable Soup Tossed Salad w/ Dressing (0 -130) Proteins: <input type="checkbox"/> Eggplant Parmesan(434)(Veg) <input type="checkbox"/> Stuffed Flounder(210) <input type="checkbox"/> Pierogies (288)w/Sour Cream(100)(Veg) Starches: <input type="checkbox"/> Garlic Bread(160) <input type="checkbox"/> Roasted Potatoes(110) Vegetable: <input type="checkbox"/> Broccoli(40) <input type="checkbox"/> Carrots(35) Dessert: Chocolate Cake (475) Fresh Fruit (80-125) ◆Cookies (130)
Meat 6/11 Tuesday	Starters: Tossed Salad w/ Dressing (0 -130) Proteins: <input type="checkbox"/> Pot Roast (442) <input type="checkbox"/> ◆♥ Baked White Fish(218) <input type="checkbox"/> Pita Falafel Patty Humus and Vegetable Plate (V & Veg) (360) Starches: <input type="checkbox"/> Black Beans <input type="checkbox"/> Roasted Potatoes(120) Vegetable: <input type="checkbox"/> Green Peas(90) <input type="checkbox"/> Beets(40) Dessert: Sugar Cookies (400) Fresh Fruit (80-125) ◆Cookies (130)
Meat 6/12 Wednesday	Starters: Tossed Salad w/ Dressing (0 -130) Proteins: <input type="checkbox"/> Roast Turkey(250) Gravy(130) Cranberry Sauce <input type="checkbox"/> ◆♥Baked Cod (140) <input type="checkbox"/> Vegetable & Tofu Teriyaki Bowl (V & Veg)(420) Starches: <input type="checkbox"/> Dressing(176) <input type="checkbox"/> Mashed Potatoes(303) Vegetable: <input type="checkbox"/> Fresh Cooked Spinach(70) <input type="checkbox"/> Lima Beans(110) Dessert: Apple Turnovers(280) Fresh Fruit (80-125) ◆Cookies (130)
Dairy 6/13 Thursday	Starters: Cream of Mushroom Soup (160) Tossed Salad w/ Dressing (0 -130) Entrees: <input type="checkbox"/> ◆♥Baked Salmon(291) <input type="checkbox"/> Vegetable Primavera (439) <input type="checkbox"/> Stuffed Baked Potato w/ Broccoli, Mushroom and Cheese Sauce (366) Starches: <input type="checkbox"/> Fried Zucchini(100) <input type="checkbox"/> Pasta (130) Vegetable: <input type="checkbox"/> Roasted Fresh Vegetables(20) <input type="checkbox"/> Corn(100) Dessert: Ice Cream Sandwich(166) Fresh Fruit (80-125) ◆Cookies (130)
Meat 6/14 Friday	Starters: Matzo Ball Soup(118) Tossed Salad w/ Dressing (0 -130) Proteins: <input type="checkbox"/> Meat Loaf w/ Gravy(200) <input type="checkbox"/> ◆♥Baked White Fish(110) <input type="checkbox"/> Quinoa Stuffed Pepper(V & Veg)(340) <input type="checkbox"/> Baked Chicken Leg (215) Deli Corn Beef (60)/ Pastrami(80) <input type="checkbox"/> COLD or <input type="checkbox"/> HOT Starches: <input type="checkbox"/> Steamed Potato(110) <input type="checkbox"/> Rice(160) Vegetable: <input type="checkbox"/> Carrots(35) <input type="checkbox"/> Beets (40) Dessert: Cherry Pie (390) Fresh Fruit (80-125) ◆Cookies (130)
Meat Father's Day 6/16 Sunday Meal 12 to 1:30pm	Father Day Meal 12 pm - 1:30 pm Dining Room Please choose either the Dining Room or meal pick-up, not both. Starters: Potato Salad Choice of Soda Pop Entrees: <input type="checkbox"/> Grilled Chicken Breast <input type="checkbox"/> Hamburgers <input type="checkbox"/> Hot Dogs (Plain or Sauer Kraut or Chili & No Cheese) <input type="checkbox"/> Veggie Burgers Starches: <input type="checkbox"/> Potato Chips <input type="checkbox"/> Baked Beans Vegetable: <input type="checkbox"/> Green Beans <input type="checkbox"/> Corn On the Cob Dessert: Peanut Butter Cookie Watermelon ◆Cookies