


**Name:**
**Apartment:**
**Circle One SL or Kosher**
**Codes V=Vegan Veg=Vegetarian □=Gluten Restricted ♥=Heart Healthy ◆=Diabetic**

- Bread Options: White, Wheat, Rye On Friday Challah (##) = Calories per Serving
- **For Delivery Call 720.382.7832**
- **Cost \$1.00 due at Delivery Call before 1:30 pm Sunday - Friday**
- **DAIRY AND MEAT DAY ALTERNATES AVAILABLE FOR PICK UP AND DELIVERY**

<b>Dairy</b>	<b>Starters:</b> Broccoli Cheese Soup (264) Tossed Salad w/ Dressing (0 -130) <b>Entrees:</b> <input type="checkbox"/> Bourbon Glazed Salmon(285) <input type="checkbox"/> Stuffed Portabella Mushroom (220) <input type="checkbox"/> Cheese and Vegetable Quiche (369) <b>Starches:</b> <input type="checkbox"/> Potatoes Creamed (323) <input type="checkbox"/> Bow Tie Pasta(210) w/ Herb Butter Sauce (100) <b>Vegetable:</b> <input type="checkbox"/> Broccoli (40) <input type="checkbox"/> Beets (40) <b>Dessert:</b> Bread Pudding (306) Fresh Fruit (80-125) ◆Cookies (130)
<b>6/17 Monday</b>	
<b>Meat</b>	<b>Starters:</b> Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> Teriyaki Chicken (325) <input type="checkbox"/> Breaded White Fish(180) <input type="checkbox"/> Hummus/Falafel Pita and Vegetables (v & Veg)(360) <b>Starches:</b> <input type="checkbox"/> Roasted Red Potatoes(110) <input type="checkbox"/> Brown Rice(108) <b>Vegetable:</b> <input type="checkbox"/> Zucchini & Yellow Squash (36) <input type="checkbox"/> Cauliflower (18) <b>Dessert:</b> Cinnamon Roll (495) Fresh Fruit (80-125) ◆Cookies (130)
<b>6/18 Tuesday</b>	
<b>Meat</b>	<b>Starters:</b> Garden Vegetable Soup(100) / Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> Hot Roast Beef Italian Sandwich (451) <input type="checkbox"/> Baked White Fish(120) <input type="checkbox"/> Quinoa Burger(v & Veg)(400) <input type="checkbox"/> Chicken Wings BBQ (300) <b>Starches:</b> <input type="checkbox"/> Boiled Potatoes(86) <input type="checkbox"/> Couscous(130) <b>Vegetable:</b> <input type="checkbox"/> Carrots(35) <input type="checkbox"/> Lima Beans(110) <b>Dessert:</b> Peach Pie(478) Fresh Fruit (80-125) ◆Cookies (130)
<b>6/19 Wednesday</b>	
<b>Dairy</b>	<b>Starters:</b> Tossed Salad w/ Dressing (0 -130) <b>Entrees:</b> <input type="checkbox"/> ◆♥Fish Taco(200) w/ Soft(210) or Hard(150) Tortilla <input type="checkbox"/> Vegan Tempeh Tacos (v & Veg) (268) <input type="checkbox"/> ◆ Cheese Ravioli(430) w/ Marinara (140)(veg) Toppings for Tacos Sour Cream(100), Guacamole (90) & Cheese (108) <b>Starches:</b> <input type="checkbox"/> Spanish Rice(200) <input type="checkbox"/> Refried Beans <b>Vegetable:</b> <input type="checkbox"/> Roasted Vegetables(20) <input type="checkbox"/> Beets(40) <b>Dessert:</b> 3 Milk Cake(430) Fresh Fruit (80-125) ◆Cookies (130)
<b>6/20 Thursday</b>	
<b>Meat</b>	<b>Starters:</b> Chicken Rice Soup(80) Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> Jewish Style Chicken Schnitzel w/ Gravy (842) <input type="checkbox"/> Stuffed Sole(320) <input type="checkbox"/> Grilled Vegetable Sandwich (v & Veg)(355) <input type="checkbox"/> Beef Brisket(264) Deli Corn Beef (60)/ Pastrami(80) <input type="checkbox"/> COLD or <input type="checkbox"/> HOT <b>Starches:</b> <input type="checkbox"/> Mashed Potato(303) <input type="checkbox"/> Steak Fries(140) <b>Vegetable:</b> <input type="checkbox"/> Peas(90) <input type="checkbox"/> Cauliflower(18) <b>Dessert:</b> Apple Crisp (228) Fresh Fruit (80-125) ◆Cookies (130)
<b>6/21 Friday</b>	
<b>Dairy</b>	Croissant(210) Tossed Salad w/ Dressing (0 -130) <b>Proteins:</b> <input type="checkbox"/> French Toast and Syrup(368) <input type="checkbox"/> Cheesy Broccoli Casserole (200) <b>Alternate:</b> Dairy Day Alternates available <b>Starches:</b> <input type="checkbox"/> Hash Browns (120) <b>Vegetable:</b> Baked Acorn Squash (Sweet) (86) Beets(40) <b>Dessert:</b> Fresh Fruit (80-125)
<b>6/23 Sunday Meal 12 to 1:30pm</b>	