



Kavod Assisted Living at Cherry Creek

Activity Calendar — August 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2 NOON August Birthday Celebration Outdoor Concert	3 11:30 Coping During COVID-19 Support Group Call: 1.877.230.3480 and enter 2151 to join	4 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	5 10:00 Self-care Collective- Zoom or Call: 1.253.215.8782 Meeting ID: 817 9507 5832 11:30 Breathwork with Heather- Zoom or Call: 1.877.230.3480 and enter 2151 to join 5:00 Vintage Rock & Roll Outdoor Progressive Concert	6 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	7 3:00 Taste of Shabbat with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	8
9 10:00 Phone-in Non-Denominational Christian Services with Rev. Dale Call: 1.877.230.3480 and enter 2151 to join	10 11:30 Coping During COVID-19 Support Group Call: 1.877.230.3480 and enter 2151 to join	11 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	11 10:00 Self-care Collective- Zoom or Call: 1.253.215.8782 Meeting ID: 817 9507 5832 11:30 Breathwork with Heather- Zoom or Call: 1.877.230.3480 and enter 2151 to join 5:00 Cliff & The Rock Stars Outdoor Progressive Concert	13 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	14 1 pm Active Minds virtual presentation: "The American West " Call 1-253-215-8782, Enter Meeting ID 830 1467 7969 then password: 305214	15
16 10:00 Phone-in Non-Denominational Christian Services with Rev. Dale Call: 1.877.230.3480 and enter 2151 to join	17 11:30 Coping During COVID-19 Support Group Call: 1.877.230.3480 and enter 2151 to join	18 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	19 10:00 Self-care Collective- Zoom or Call: 1.253.215.8782 Meeting ID: 817 9507 5832 11:30 Breathwork with Heather- Zoom or Call: 1.877.230.3480 and enter 2151 to join 5:00 The Jazz Trio Outdoor Progressive Concert	20 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	21 3:00 Taste of Shabbat with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	22
23 10:00 Phone-in Non-Denominational Christian Services with Rev. Dale Call: 1.877.230.3480 and enter 2151 to join	24 11:30 Coping During COVID-19 Support Group Call: 1.877.230.3480 and enter 2151 to join	25 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	26 10:00 Self-care Collective- Zoom or Call: 1.253.215.8782 Meeting ID: 817 9507 5832 11:30 Breathwork with Heather- Zoom or Call: 1.877.230.3480 and enter 2151 to join 5:00 The Dixieland Band Outdoor Progressive Concert	27 2:15 Mindfulness Meditation with Rabbi Steve Call: 1.877.230.3480 and enter 2151 to join	28 1 pm Active Minds virtual Music "Songs of Summer" Call 1-253-215-8782, Enter Meeting ID 81183796821 then password: 319498	29
30 10:00 Phone-in Non-Denominational Christian Services with Communion Rev. Dale Call: 1.877.230.3480 and enter 2151 to join	31 11:30 Coping During COVID-19 Support Group Call: 1.877.230.3480 and enter 2151 to join					