

THANKS FOR MAKING A DIFFERENCE!



Kavod

SENIOR LIFE

Honor. Community. Jewish Values.

Open to see how aging forward is happening at Kavod

● Project Story ● CAPABLE ● CU Dentistry ● More ●



TOGETHER WE
CREATE COMMUNITY

DEAR FRIENDS AND SUPPORTERS,

There is a lot of talk in our industry right now about lifespan vs. “healthspan”. Traditionally, extending our lifespan has been the goal from the medical field and – in recent years – it’s worked, to a degree, with many Americans living well into their 80s, 90s and beyond.

Lately, however, there’s been a shift in thinking. A long life isn’t as much the objective as having good health for the length of one’s life. Living longer on its own does not have quite the same urgency if the quality of life in those later years is compromised.

Fortunately, **living at Kavod is a place that focuses on both – healthspan and lifespan.** Whether it’s through our health clinics, educational activities, nutritious dining, social outings or preventative programs, we’re always making innovations so our residents and community members can live as well and as long as possible.

You’ll read more about some of the exciting programs, services and classes we are doing that contribute to health and longevity in aging in the pages ahead.

We hope you’re encouraged that we are tracking with the latest health data and doing what we can to keep up with them. **Thank you for supporting us and cheering us on.**



Michael Klein
President & CEO



Scott Fisher
Board Chair

PROJECT STORY RETURNS

A signature intergenerational program from the past, Project Story, restarted in January 2026 and will continue monthly for the spring school semester.

With Project Story, children grades K-2 from The Logan School visit Kavod, where they pair up with a Kavod resident for shared activity and time to read together, using a book chosen by the student.

Both generations benefit by learning from each other and connecting.

“Projects like this just open up your heart,” shares Valerie, a resident who joined the program this year. **“You’re giving something to them [the children], and they’re giving something to us. It’s a win-win.”**



Kavod coordinated the first Project Story iteration from 2001 – 2019 (part of Rainbow Bridge/Bessie’s Hope), with very positive results. In fact, Kavod resident, Carmelit participated in the original program and keeps in contact with one of her students today. Kavod is grateful to the Logan School for collaborating again on this beneficial partnership.

MICHAEL RECOGNIZED: TOP WELLNESS EXECUTIVE

In 2025, Michael Klein received a distinguished Pinnacle Award as one of five Best in Wellness Executives in North America from the International Council on Active Aging (ICAA) and NuStep, LLC. Now in its seventh year, the award recognizes wellness trailblazers who help define the future of aging.

“I am humbled to receive this honor,” Michael shares. **“Health and wellness is one of my top priorities, and I’m proud of all we’ve done to support our residents in being at their best while living on our campus.”**

Michael was nominated for his leadership in creating Kavod’s health and wellness center with multiple partnerships, including rehab services with Legacy Healthcare and a geriatric clinic with CU Medicine, a rarity among affordable housing providers.

“Nothing is accomplished without a great team, so I have my staff to thank for all our success,” he says.

Michael is listed among the other four recipients on the ICAA Award page (https://beaconaward.icaa.cc/award_2025.php), and a physical trophy will be on display on the Kavod campus. Join us in congratulating him on this esteemed recognition.



NEW PROGRAMS in 2026: **CAPABLE & CU DENTAL**

CAPABLE. Thanks to generous grant funding provided by Next50 Initiative – with additional support from Harry and Jeanette Weinberg Foundation – Kavod will be bringing the CAPABLE program to Kavod. CAPABLE (Community Aging in Place. Advancing Better Lives for Elders) is **a national effort to help individuals function well in their home, improving length of stay, reducing falls, and more.** The program will enroll 35 residents this year and add 45 community members (starting with Kavod on the Road participants) in 2027. Kavod is pleased to be chosen as a program site for this large-scale outreach intervention.



CU DENTAL. CU School of Dentistry now provides dental screenings and referrals for Kavod residents. While Kavod has offered dental services in the past, this **new clinic builds on Kavod's existing partnership with the University of Colorado, bringing a strong foundation to the service model.** At the first visit in January, “residents reported that it was the best screening they’d had with a dentist in quite a while,” shared Amanda Birchem, Kavod’s Health and Wellness Director.

RESIDENT SPOTLIGHT: DR. TIM DIAMOND

As a real diamond has many facets, resident Tim Diamond, 79, is a wonderful part of the Kavod family who shines with many talents.

A native of Syracuse, New York, Tim is an Army veteran who then spent the majority of his career as a sociology professor. He moved to Leadville to enjoy the beautiful Colorado mountains, and eventually made his way to Kavod in 2019. "I was starting to feel a bit isolated," Tim tells us. "I saw an advertisement in a newspaper that said, 'Come to Kavod' - so I did!"

Right away, **Tim was drawn in by the backgrounds and rich heritage of Kavod's residents as well as its activities.** A recent program favorite was a class on herbs provided by Kavod's Health and Wellness department. "It's amazing what I'm learning, and I can't wait for the next class. I walk away with so much knowledge and understanding. It's so therapeutic!"

Tim is the author of the award-winning book, *Making Gray Gold: Narratives of Nursing Home Care*. (University of Chicago Press). He is current writing another publication about health insurance. Overall, Tim tells us how much he finds Kavod truly delightful, and that he is glad he made the move to our community... our family.



PROJECT WRAP UP: CELEBRATING DIVERSITY PROGRAM

In 2021, Kavod received funding from the Theodore and Maxine Murnick Family Foundation to launch the Celebrating Diversity program. What began as an internal initiative evolved into “**Bridging Diversity: The Religions of the World,**” expanding to include participants from Kavod on the Road (KOTR). The program’s goal has been to promote tolerance, understanding, and mutual respect among residents and throughout the broader community.

The program has featured panel discussions with faith leaders, diverse performers and speakers, culturally significant meals, and visits to a wide range of religious and cultural communities. Visits included sites such as the Denver Buddhist Temple, the Cathedral Basilica of the Immaculate Conception, Assumption of the Theotokos Metropolis Cathedral, the Denver Sikh Gurdwara, the Downtown Denver Islamic Center, Zion Baptist Church and the Denver Indian Center.

Kavod is profoundly grateful to the Theodore and Maxine Murnick Family Foundation , The Virginia W. Hill Foundation and the Laura Jane Musser Fund for enriching the lives of our residents and KOTR participants. Their support has helped **foster a deeper appreciation for the diverse world in which we live and has strengthened the spirit of respect and connection within our community.**



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THANK YOU!

FOUR EASY WAY TO GET INVOLVED WITH KAVOD SENIOR LIFE

Beyond financial support, here are a few other ways you can get involved. We are grateful for every way you choose to support us.

1

Provide a 5-star Google review.

This free, easy process takes a few minutes and helps make Kavod more findable on Google for older adults seeking housing and services. Use the QR code to the right.



2

Like, repost and comment on our social media posts.

The more interaction we have, the more visibility we receive!



Plus – our posts are fun.

3

Attend an activity or clinic.

Join us for yoga, current events discussions, educational lectures and more.

Our wellness clinics are also open to the greater community – so come on over and get healthy!

4

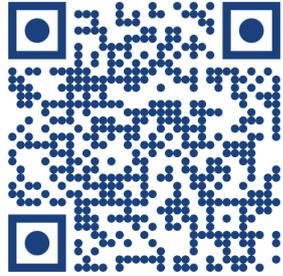
Volunteer.

No matter your skills or schedule, there's a way to help. Connect with our Volunteer Coordinator to explore volunteer opportunities that fit you best.

Call 720.382.7849 or send an email to info@KavodSeniorLife.org

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- Use the enclosed remittance envelope
- Go to: KavodSeniorLife.org/Donate
- Scan the QR code -



Kavod

SENIOR LIFE

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