



Name: \_\_\_\_\_

Apartment: \_\_\_\_\_

**Codes V = Vegan Veg = Vegetarian GF = Gluten Restricted ♥ = Heart Healthy ♦ = Diabetic**

- Bread Options: White, Wheat, Rye, On Friday Challah

<p><b>Meat</b></p> <p><b>04/27</b> <b>Monday</b></p>	<p><b>App:</b> <input type="checkbox"/> Stuffed Cabbage Soup GF ♦ <input type="checkbox"/> V-8 Juice V GF VEG ♥♦</p> <p><b>Entrée:</b> <input type="checkbox"/> Chicken Thigh with Mushroom Sauce GF ♦ <input type="checkbox"/> Curried Cod GF ♥♦</p> <p><input type="checkbox"/> Sesame Teriyaki Tofu Bowl V GF VEG ♦</p> <p><b>S:</b> <input type="checkbox"/> Potato Medley V GF VEG <input type="checkbox"/> Cous Cous V VEG ♥♦</p> <p><b>Veg:</b> <input type="checkbox"/> Fried Zucchini V VEG ♦ <input type="checkbox"/> Artichokes &amp; Olives V GF VEG ♥♦</p> <p><b>Dessert:</b> <input type="checkbox"/> Cherry Turnover <input type="checkbox"/> Fresh Fruit V GF VEG ♥♦ <input type="checkbox"/> Sugar Free Jell-O GF VEG ♥♦</p>
<p><b>Meat</b></p> <p><b>04/28</b> <b>Tuesday</b></p>	<p><b>App:</b> <input type="checkbox"/> Cobb Salad GF ♦ <input type="checkbox"/> V-8 Juice V GF VEG ♥♦</p> <p><b>Entrée:</b> <input type="checkbox"/> Pomegranate Lamb Shanks GF ♦</p> <p><input type="checkbox"/> Oven Roasted rockfish ♥♦ <input type="checkbox"/> Honey Glazed Moroccan Eggplant V GF VEG ♥</p> <p><b>S:</b> <input type="checkbox"/> Roasted potato V GF VEG <input type="checkbox"/> Jasmin Rice V GF VEG ♥</p> <p><b>Veg:</b> <input type="checkbox"/> Roasted Cherry Tomato &amp; Onions V GF VEG ♥♦ <input type="checkbox"/> Carrots V GF VEG ♥♦</p> <p><b>Dessert:</b> <input type="checkbox"/> Angel Cake w/ Raspberry Compote <input type="checkbox"/> Fresh Fruit V GF VEG ♥♦</p> <p><input type="checkbox"/> ♦Sugar Free Jell-O GF VEG ♥♦</p>
<p><b>04/29</b> <b>Wednesday</b></p>	<p><b>App:</b> <input type="checkbox"/> Caprese Salad GF VEG ♥♦ <input type="checkbox"/> V-8 Juice V GF VEG ♥♦</p> <p><b>Entrée:</b> <input type="checkbox"/> Roasted Salmon GF ♥♦ <input type="checkbox"/> Potato Egg Benedict GF VEG</p> <p><input type="checkbox"/> Cheese Ravioli with White Sauce VEG V</p> <p><b>S:</b> <input type="checkbox"/> Steamed Potatoes w/ Parsley V GF VEG ♥ <input type="checkbox"/> Basmati Rice V GF VEG ♥♦</p> <p><b>Veg:</b> <input type="checkbox"/> Aromatic Roasted Vegetables V GF VEG ♥♦ <input type="checkbox"/> Peas V GF VEG ♥♦</p> <p><b>Dessert:</b> <input type="checkbox"/> Irish Style Ice Cream <input type="checkbox"/> Fresh Fruit V GF VEG ♥♦</p> <p><input type="checkbox"/> ♦Sugar Free Jell-O <input type="checkbox"/> Milk <input type="checkbox"/> None</p>
<p><b>Meat</b></p> <p><b>04/30</b> <b>Thursday</b></p>	<p><b>App:</b> <input type="checkbox"/> Festive Orange, Pomegranate &amp; Feta Salad V GF VEG ♥♦ <b>ND</b></p> <p><input type="checkbox"/> V-8 Juice V GF VEG ♥♦</p> <p><b>Entrée:</b> <input type="checkbox"/> Dee's Signature Hamburger</p> <p><input type="checkbox"/> Tortilla Crusted Tilapia GF ♥ <input type="checkbox"/> Stuffed Portabella Mushroom V GF VEG ♦</p> <p><b>S:</b> <input type="checkbox"/> French Fries V VEG <input type="checkbox"/> Risotto GF VEG ♥</p> <p><b>Veg:</b> <input type="checkbox"/> Corn on the Cob V GF VEG ♥ <input type="checkbox"/> Cauliflower V GF VEG ♥♦</p> <p><b>Dessert:</b> <input type="checkbox"/> Caramel Cookies <input type="checkbox"/> Fresh Fruit V GF VEG ♥♦ <input type="checkbox"/> ♦Sugar Free Jell-O</p>
<p><b>Meat</b></p> <p><b>05/01</b> <b>Friday</b></p>	<p><b>App:</b> <input type="checkbox"/> Kreplach Soup <input type="checkbox"/> V-8 Juice V GF VEG ♥♦</p> <p><b>Entrée:</b> <input type="checkbox"/> Baked Chicken Leg GF ♦ <input type="checkbox"/> Fish Stew GF ♥♦</p> <p><input type="checkbox"/> Hummus w/ Falafel &amp; fresh vegetables V GF VEG ♥♦</p> <p><b>S:</b> <input type="checkbox"/> Baked Sweet Potato V GF VEG ♥♦ <input type="checkbox"/> Brown Rice V GF VEG ♥♦ <input type="checkbox"/> Challah</p> <p><b>Veg:</b> <input type="checkbox"/> Garlic Swiss Chard V GF VEG ♥♦ <input type="checkbox"/> Beets V GF VEG ♥♦</p> <p><b>Dessert:</b> <input type="checkbox"/> Yellow Cake <input type="checkbox"/> Fresh Fruit V GF VEG ♥♦ <input type="checkbox"/> ♦Sugar Free Jell-O GF VEG ♦</p>
<p><b>Meat</b></p> <p><b>05/02</b> <b>Saturday</b></p>	<p><b>App:</b> <input type="checkbox"/> Spring Mix Salad V GF VEG ♥♦ <input type="checkbox"/> V-8 Juice V GF VEG ♥♦</p> <p><b>Entrée:</b> <input type="checkbox"/> Beef Pad Thai GF ♥♦ <input type="checkbox"/> Trout Almandine GF ♥♦</p> <p><b>S:</b> <input type="checkbox"/> Waffle Fries VEG <input type="checkbox"/> Fried Rice GF VEG ♦</p> <p><b>Veg:</b> <input type="checkbox"/> Bell Pepper Medley V GF VEG ♥♦ <input type="checkbox"/> Brussel Sprouts V GF VEG ♥♦</p> <p><b>Dessert:</b> <input type="checkbox"/> Muffin <input type="checkbox"/> Fresh Fruit V GF VEG ♥♦ <input type="checkbox"/> ♦Sugar Free Jell-O V GF VEG ♥♦</p>
<p><b>Meat</b></p> <p><b>05/03</b> <b>Sunday</b></p>	<p><b>App:</b> <input type="checkbox"/> Italian Wedding Soup GF ♥♦ <input type="checkbox"/> V-8 Juice V GF VEG ♥♦</p> <p><b>Entrée:</b> <input type="checkbox"/> Spinach Stuffed Chicken GF ♥♦ (With nondairy cheese)</p> <p><input type="checkbox"/> Imitation Crab salad</p> <p><b>S:</b> <input type="checkbox"/> Breaded Cauliflower <input type="checkbox"/> Yukon Gold Potatoes V GF VEG ♥</p> <p><b>Veg:</b> <input type="checkbox"/> Artichoke &amp; Asparagus V GF VEG ♥♦ <input type="checkbox"/> Vegetable Medley V GF VEG ♥♦</p> <p><b>Dessert:</b> <input type="checkbox"/> Chef's Choice <input type="checkbox"/> Fresh Fruit V GF VEG ♥♦ <input type="checkbox"/> ♦Sugar Free Jell-O V GF VEG ♥♦</p> <p><input type="checkbox"/> Milk <input type="checkbox"/> None</p>